GLYCOLYSIS REVIEW & OVERVIEW

- Two phases of glycolysis.

- There are ten steps (7 reversible; 3 irreversible). *What do we mean by “reversibility”?*

- All glycolysis reactions occur in the cytosol.

- The “committed step”: fructose 6-phosphate $\rightarrow$ fructose 1,6-bisphosphate.

- Two triose compounds are isomerized and oxidized to retrieve ATP & NADH via glyceraldehydes 3-phosphate dehydrogenase.

- The pathway concludes with a strong, irreversible, ATP-producing step to make pyruvate.
PREPARATORY PHASE

1. First priming reaction: Glucose → ATP → ADP
2. Phosphorylation of glucose and its conversion to glyceraldehyde 3-phosphate
3. Fructose 6-phosphate → ATP → ADP
4. Cleavage of 6-carbon sugar phosphate to the 3-carbon sugar phosphates
5. Glyceraldehyde 3-phosphate + Dihydroxyacetone phosphate

PAYOFF PHASE

1. Oxidative conversion of glyceraldehyde 3-phosphate to pyruvate and the coupled formation of ATP and NADH
2. First ATP-forming reaction (substrate-level phosphorylation)
3. Phosphoglycerate (2) → 2H₂O
4. Enolase
5. Phosphoglycerate mutase
6. Pyruvate kinase
GLUCONEOGENESIS

Gluconeogenesis means new synthesis of glucose. It is the reverse of glycolysis.

The body makes glucose in the liver (and also in the kidney).

Why?

- Lactate accumulates in muscles (and red blood cells).
- Cells need a lot of glucose; our diet cannot provide all of it.
- Excess metabolites (e.g. after eating) may be conserved by converting to glucose and ultimately stored as glycogen, i.e., Glucose $\rightarrow$ Glycogen.
- Other required sugar and polysaccharides may use glucose precursors.
- Glucose is basically a universal fuel.
Overview: Gluconeogenesis is Anti-parallel to Glycolysis.
OVERVIEW: Precursor & Energy Requirement Summary for Gluconeogenesis.

2 Pyruvate + 4 ATP + 2 GTP + 2 NADH + 2 H⁺ + 4 H₂O →

Glucose + 4 ADP + 2 GDP + 6 Pi + 2 NAD⁺

Why is this energy expensive synthesis even worth the trouble?

Bypass Enzyme Reactions

What are bypass reactions? Why are they needed for gluconeogenesis? There must be a way to bypass the irreversible steps in glycolysis to progress through gluconeogenesis. Generally, the bypass reactions are also irreversible.

Why do irreversible steps exist in the first place? Regulating these points in the pathway can prevent “futile cycling”. Some enzymatic steps are difficult to catalyze reversibly, especially the ATP-driven ones. So bypass steps are required.

**TABLE 14-3  Sequential Reactions in Gluconeogenesis Starting from Pyruvate**

<table>
<thead>
<tr>
<th>Reaction</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pyruvate + HCO₃⁻ + ATP → oxaloacetate + ADP + P₁</td>
</tr>
<tr>
<td>Oxaloacetate + GTP ⇌ phosphoenolpyruvate + CO₂ + GDP</td>
</tr>
<tr>
<td>Phosphoenolpyruvate + H₂O ⇌ 2-phosphoglycerate</td>
</tr>
<tr>
<td>2-Phosphoglycerate ⇌ 3-phosphoglycerate</td>
</tr>
<tr>
<td>3-Phosphoglycerate + ATP ⇌ 1,3-bisphosphoglycerate + ADP</td>
</tr>
<tr>
<td>1,3-Bisphosphoglycerate + NADH + H⁺ ⇌ glyceraldehyde 3-phosphate + NAD⁺ + P₁</td>
</tr>
<tr>
<td>Glyceraldehyde 3-phosphate ⇌ dihydroxyacetone phosphate</td>
</tr>
<tr>
<td>Glyceraldehyde 3-phosphate + dihydroxyacetone phosphate ⇌ fructose 1,6-bisphosphate</td>
</tr>
<tr>
<td>Fructose 1,6-bisphosphate → fructose 6-phosphate + P₁</td>
</tr>
<tr>
<td>Fructose 6-phosphate ⇌ glucose 6-phosphate</td>
</tr>
<tr>
<td>Glucose 6-phosphate + H₂O → glucose + P₁</td>
</tr>
<tr>
<td>Sum: 2 Pyruvate + 4ATP + 2GTP + 2NADH + 2H⁺ + 4H₂O → glucose + 4ADP + 2GDP + 6Pi + 2NAD⁺</td>
</tr>
</tbody>
</table>

Note: The bypass reactions are in red; all other reactions are reversible steps of glycolysis. The figures at the right indicate that the reaction is to be counted twice, because two three-carbon precursors are required to make a molecule of glucose. The reactions required to replace the cytosolic NADH consumed in the glyceraldehyde 3-phosphate dehydrogenase reaction (the conversion of lactate to pyruvate in the cytosol or the transport of reducing equivalents from mitochondria to the cytosol in the form of malate) are not considered in this summary. Biochemical equations are not necessarily balanced for H and charge (p. 509).
Pathways to Produce Phosphoenolpyruvate (PEP)

Need PEP as a precursor to generate glucose. *How do we obtain PEP?*

**Pyruvate carboxylase.** Bypass Step 1 of 2 in converting pyruvate to PEP.

\[
\text{Pyruvate} + \text{HCO}_3^- + \text{ATP} \rightarrow \text{Oxaloacetate} + \text{ADP} + \text{Pi}
\]

**Mechanism.** Enzyme uses biotin prosthetic group, which is an enzyme-linked co-factor that aids in catalysis. Role of the biotin is to activate bicarbonate via ATP hydrolysis. CO₂ gas is then released, and the C-C double bond electrons of the *enolate* form of pyruvate attack CO₂ to effectively carboxylate pyruvate.

**Energetics.** The reaction requires one ATP.

**Regulation.** As pyruvate carboxylase is the first enzyme catalyzed step in gluconeogenesis, it is a regulated step. A by-product of fatty acid catabolism is acetyl-CoA, which actually stimulates pyruvate carboxylase.

Also the enzyme can provide oxaloacetate, which is an important metabolite in the TCA cycle (more on that in CH. 16.)
**Malate dehydrogenase.** Bypass Step 1 of 2 in converting pyruvate to PEP. This Step occurs in the mitochondrion, since [NADH] in the cytosol is low and NADH will be required ultimately to make glucose. Also there is no oxaloacetate transporter in mitochondria.

\[
\text{Oxaloacetate} + \text{NADH} + \text{H}^+ \leftrightarrow \text{Malate} + \text{NAD}^+
\]

Malate is transported outside the cell, and there is a cytosolic malate dehydrogenase to remake oxaloacetate, by reversing the mitochondrial reaction:

\[
\text{Malate} + \text{NAD}^+ \leftrightarrow \text{Oxaloacetate} + \text{NADH} + \text{H}^+
\]
**PEP carboxykinase.**

\[ \text{Oxaloacetate} + \text{GTP} \rightarrow \text{PEP} + \text{GDP} + \text{CO}_2 \]

**Mechanism.** Oxaloacetate, in the presence of GTP, decarboxylates, and thus the γ phosphate of GTP is transferred to C2, yielding PEP. The carboxylation of the pyruvate was a means to activate the pyruvate for conversion to PEP, and thus the same CO₂ that was added was subsequently stripped.

**Overall Energetics:** The individual steps of the Pyruvate Carboxylase and PEP Carboxykinase catalyzed steps are highly exergonic (i.e. \( \Delta G \ll 0 \)). Though the overall energy change is slightly positive at std. conditions,

\[ \text{Pyruvate} + \text{ATP} + \text{GTP} + \text{HCO}_3^- \rightarrow \text{PEP} + \text{ADP} + \text{GDP} + 2 \text{Pi} \quad (\Delta G^o' = +0.9), \]

the actual free energy under physiological conditions is -25 kJ/mol and very favorable, since the [PEP] is low as it is used up quickly in a variety of metabolic reactions.
Back through the reversible steps of Glycolysis using the same enzymes in reverse.
Another Bypass to PEP: When Lactate is Available

Lactase dehydrogenase. Cytosolic enzyme interconverts lactate and pyruvate reversibly, using Redox chemistry and NAD+/NADH.

\[
\text{Lactate} + \text{NAD}^+ \leftrightarrow \text{pyruvate} + \text{NADH} + \text{H}^+
\]

The pyruvate can then go through these other reactions to eventually get PEP.

Basically, since there is little NADH in the cytosol \((10^5\text{ lower than in mitochondria})\), these alternate routes are required. If lactate is around then PEP is made inside the mitochondria by mitochondrial PEP carboxykinase. But if no lactate is around then Malate is produced inside the mitochondria so that a reducing equiv. may be effectively transferred to the cytosol.

This is the pathway to recover lactate. The NADH will be required to make glucose, reversing \underline{STEP 6} of glycolysis, i.e., \(1,3\)-Biphosphoglycerate \(\leftrightarrow\) Glyceraldehyde 3-phosphate
Phosphatases Catalyze Last Bypass Reactions & Complete Gluconeogenesis

**Fructose 1,6-bisphosphatase.** Irreversible bypass step #2. This is a hydrolase, which means the Pi is removed and not captured by ADP to make ATP.

\[
\text{Fructose 1,6-bisphosphate} \rightarrow \text{Fructose 6-phosphate} + \text{Pi}
\]

**Phosphoglucoisomerase.** Reversible step using same enzyme from glycolysis.

\[
\text{Fructose 6-phosphate} \leftrightarrow \text{Glucose 6-phosphate}
\]

**Glucose 6-phosphatase.** Irreversible by pass step #3.

\[
\text{Glucose 6-phosphate} \rightarrow \text{Glucose}
\]

*How is “Futile cycling” of ATP via these phosphatases and the kinases in glycolysis averted?*
**Where else do precursors for Gluconeogenesis come from?**

Mammals can use some amino acid carbon skeletons to make glucose. We call these amino acids **glucogenic**. They are metabolized and enter into the citric acid cycle (TCA cycle) to make oxaloacetic acid, leading to the production of PEP.

But acetate (a break down product of fatty acid metabolism and greasy amino acids) cannot be used. These fatty amino acids are called **ketogenic**. Plants, yeast, and most bacteria can use acetate to make glucose, using acetyl-CoA and the **glyoxylate cycle**.

### TABLE 14–4  Glucogenic Amino Acids, Grouped by Site of Entry

<table>
<thead>
<tr>
<th>Pyruvate</th>
<th>Succinyl-CoA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alanine</td>
<td>Isoleucine*</td>
</tr>
<tr>
<td>Cysteine</td>
<td>Methionine</td>
</tr>
<tr>
<td>Glycine</td>
<td>Threonine</td>
</tr>
<tr>
<td>Serine</td>
<td>Valine</td>
</tr>
<tr>
<td>Threonine</td>
<td></td>
</tr>
<tr>
<td>Tryptophan*</td>
<td></td>
</tr>
<tr>
<td><strong>α-Ketoglutarate</strong></td>
<td></td>
</tr>
<tr>
<td>Arginine</td>
<td>Fumarate</td>
</tr>
<tr>
<td>Glutamate</td>
<td>Phenylalanine*</td>
</tr>
<tr>
<td>Glutamine</td>
<td>Tyrosine*</td>
</tr>
<tr>
<td>Histidine</td>
<td></td>
</tr>
<tr>
<td>Proline</td>
<td>Oxaloacetate</td>
</tr>
<tr>
<td>Asparagine</td>
<td></td>
</tr>
<tr>
<td>Aspartate</td>
<td></td>
</tr>
</tbody>
</table>

*Note: All these amino acids are precursors of blood glucose or liver glycogen, because they can be converted to pyruvate or citric acid cycle intermediates. Of the 20 common amino acids, only leucine and lysine are unable to furnish carbon for net glucose synthesis. *These amino acids are also ketogenic (see Fig. 18-21).